

Caleb: Hi, good morning, ladies and gentlemen. My name is Caleb and I'm here with my friend.

Angela: Angela. You can call me Angie.

Caleb: Today we are in school because we are going to do a project.

Angela: We have a science project for school, so we're going to talk about AI and the use and benefits it has.

Angela: So first of all, what is AI?

Caleb: Okay, what is AI? AI stands for Artificial Intelligence. It refers to the development of computer systems that can perform tasks that typically require human intelligence, such as learning, solving problems, and more. AI can help us do things more easily.

Angela: I remember that it's a kind of technology that can imitate human behavior. You can use it to translate languages, create images, or even generate videos. These are things that usually need human skills, but AI can do them now. It all started years ago with computer data and internet access.

Caleb: I think AI is everywhere now. This app, this intelligence it's already part of our world.

Angela: I think AI is very useful and has a wide variety of applications. For example, if you're an elementary student and don't understand something, you can use AI to help you with math problems, writing, and other tasks. Even if you don't have a specific app, just having internet access means you're already interacting with AI.

Angela: Now let's talk about the benefits of AI.

Caleb: One of the main benefits is personalization. You may have seen on the internet how AI helps personalize logos, designs, and products. It helps satisfy customer needs.

Angela: You can customize almost everything. You can search for any kind of image or product. That's very useful, even though some people think it might take jobs away from designers and other professionals. But still, it's a powerful tool.

Angela: Of course, we should also mention the possible downsides. Some customers may not be happy with how AI works. This is something we might discuss more deeply later.

Angela: Another benefit of AI is its use in schools. It can be very useful for homework, group projects, and learning in general.

Caleb: Sometimes you don't know a topic, and AI can explain it to you in a better way.

Angela: Exactly. Not everyone is good at everything. Maybe your friend is good at math and you're better at science. AI can help balance that and support each person.

Caleb: Many people use AI, even in the field of medicine students, nurses, companies. AI can be helpful for all of them.

Angela: It can even help with personal things. For example, I use AI to talk when I feel stressed or when I have personal issues. It's not a real person, but sometimes it feels like it helps emotionally.

Caleb: I use AI for recipes. I just tell it the ingredients I have, and it gives me ideas. It's very helpful.

Angela: Like he said, you can search for recipes, images, logos, homework help, even how to write a comedy even if it's bad! You can ask it for anything.

Caleb: But I also think AI has a negative side.

Angela: Everything has two sides. AI has many benefits it helps with homework, languages, and solving problems. But depending too much on AI might not be healthy, especially for your mental health.

Angela: In the end, it depends on how you use it and what your needs are.

Caleb: Another important topic is security. AI systems can suffer attacks, and if you share personal information, you don't always know where it goes.

Angela: That's true. Parents and older people often tell us not to share real names or photos online. It makes sense because they're concerned about cyberattacks or hackers.

Angela: That's why some people are afraid of using AI or social media. Even if you feel safe online, you never know what's really happening behind the screen. We have to be aware of these risks.

Caleb: AI needs certain conditions and rules to be safe and effective.

Angela: So to end this first episode of our podcast, we can say we love AI!

Angela: Well, I love it, but I also hate it a little. It's a love-hate relationship. But I definitely love it more.

Caleb: Yeah, I use it for recipes and to learn new things. I even write stories with AI sometimes.

Angela: That's another great benefit you can write books or stories with help from AI. It can give you feedback or suggestions to improve.

Angela: So to wrap it up: we love AI. Maybe it's because we're young and still students that we don't see all the benefits yet. But adults, in medicine or other careers, can find it extremely useful.

Angela: Thank you for watching!

Caleb: Thank you so much!

Angela: We really appreciate your time. We tried very hard on this.

Angela: We were a little nervous, but it turned out fine. See you in the next episode. Bye!